

Memory Palace as a Revision Technique

- A memory palace is a method used to memorise several different pieces of information.
- To begin, think of a room you know very well (e.g. your bedroom)
- Close your eyes and imagine walking through the room in a specific route.
- As you walk through the room, imagine placing a piece of information at different points in the room. For example, place a piece of information on the bed, in the wardrobe, on the bedside table, on the windowsill.
- To retrieve the information, imagine walking back through the room in the same route. Can you remember what information you placed in each spot?

